

Ian G. Cook, MILR, CSP



Through leadership coaching and custom-designed facilitation service, Ian helps his clients achieve greater results from their managers and teams.

He specializes in what he calls “micro leadership,” helping managers lead successfully at the “micro” level—in that vital interpersonal space between the manager and his/her individual employee.

He began the independent consulting firm, Fulcrum Associates back in 1988, following seventeen years of corporate experience in both the high tech manufacturing and transportation industries. His list of over 250 clients includes some of the largest corporations in the private sector, major trade and professional associations, small business, government, and not-for-profit organizations.

Ian holds a Bachelor of Commerce from McGill University and, from Cornell, a Masters degree in Industrial & Labor Relations, majoring in Human Resources Management, and has been a lecturer in the Faculty of Business of Ryerson University. In addition, from the Gestalt Institute of Toronto he earned a (3-year) Diploma in Gestalt Theory and Methodology that significantly deepened his ability to achieve results as both facilitator and executive coach.

He is author of Would They Call You Their Best Boss Ever?: Practical Tips and Insights for the Successful Manager.

Ian is actively involved with the community leadership organization Leadership Fairfax Inc. A graduate of LFI’s Signature Leadership program class of ’04, he has served both on the Board and as Chair of the Program Committee, and has been a keynoter in their Speakers Series. Currently, he is a member of the LFI Faculty and a session presenter in the program. In addition, he facilitates the individual team process debrief meetings following completion of their projects.

A dual US/Canada citizen, Ian lives in northern Virginia with his wife, Linda.

Some organizations served:

Alcon Laboratories
Art Gallery of Ontario
Barbados Tourism Authority
Bayer
Blue Cross Blue Shield
Burger King
Campbell’s Soup
Capital One Financial
Carfax
Continental Airlines
Crimestoppers
Druxy’s Restaurants
FBI Academy
Federal Judicial Center
General Motors
Hewlett-Packard
Honeywell
Kellogg’s
Levi Strauss
Lifestyle Retirement Communities
McCarthy–Tétrault (attorneys)
Ontario Hydro
Ontario Municipal Management Inst.
RealNetworks
Red Cross
Royal Bank of Canada
Shell Oil
Sunkist Growers
Vistage International
Unilever
Warner Brothers
Zurich Insurance
& small business enterprise programs

Education and Credentials

- **Cornell University**—Masters degree, Human Resources Management
- **McGill University**—Bachelor of Commerce degree
- **University Associates**—Human Resources Development Intern Program
- **Ryerson University**—former part-time lecturer in Faculty of Business
- **Gestalt Institute of Toronto**—(3 year) Diploma in Gestalt Theory and Methodology for group and individual development
- **National Speakers Association & Canadian Association of Professional Speakers**—Certified Speaking Professional (CSP) designation
- **Ontario Municipal Management Institute**—Excellence in Training Award
- **Ontario Society for Training and Development**—Certificate of Achievement (Advanced)
- **Accredited facilitator** of Leadership Circle Profile™, The Leadership System™ and the Myers-Briggs Type Indicator®



Fulcrum Associates

ian@888fulcrum.com • 888fulcrum.com
US • 1711 Pine Valley Drive • Vienna, Virginia • 22182-2339 • Phone (703) 255-4605
Canada • 14 Shand Avenue • Toronto, Ontario • M8X 1T5

